**How to Eat a Sermon**

**Week 2: The Pantry**

**The source of all good preaching is God’s Holy, Inspired Word.**

**Appetizer:**

Is your recipe box full or do you tend to have just a few recipes that you go to over and over? When you go to a restaurant, do you try different types of food or do you tend to pick your favorites?

**Main Course:**

1. Read 2 Timothy 3:16-17. What does God-breathed mean?
2. Which of these functions (teaching, rebuking, correcting, training in righteousness) of God’s Word is the easiest for you? Which is the hardest?
3. What good work do you think God may be equipping you for? (Think big or small. Maybe God is asking you to move to Africa or maybe God wants you to deliver cookies to your neighbor.)
4. Is there a temptation to tell people what they want to hear over what they need to hear? How does God’s Word address that?
5. How can we be people who “speak the truth in love”? (Ephesians 4:15)
6. Russell said, “God’s Words have the power to change your life.” When is the last time you saw this? What power do you need right now?

**To-Go Bag:** **Do one of these application activities if you are able.**

Reflect – Read Psalm 119:17-32 with sunglasses on. Then, take the sunglasses off and read Psalm 119:17-32 again. Ask God to “Open my eyes to see wonderful things in Your law.”

Workout – Psalm 119:32 says, “I run in the path of Your commands, for You have broadened my understanding.” Go for a walk or a run. If possible, listen to scripture through headphones while you work out. Delight in the power of God’s Word.

Worship – Watch this video of Jeremy Camp’s song “Living Word” and thank God for the gift of Scripture.

[www.youtube.com/watch?v=p6-KKBxaFJk](http://www.youtube.com/watch?v=p6-KKBxaFJk)